



## ***Pura Vida Fitness Membership Options***

*Read the following Pura Vida Fitness client options and let us know if you have any questions. We feel confident that we have an option that will fit your budget and goals in your fitness and wellness journey.*

### **Pura Vida Punch Cards**

**10 punches for \$50**

**5 punches for \$30**

**Advantages:** With typical contract memberships, fees are set & paid whether you are able to come to class or not. This means that if you get sick, go on vacation, or life just happens, you lose that money. Each punch card expires 2 months after purchase. But before the 2 month deadline is up, unused punches could be applied toward a BINGO card if not already purchased (see details below or on webpage), toward the purchase of merchandise at \$5 per punch, or shared with a friend (ask for details). Win-Win.

**Other pluses and details:**

- \*Half price off the \$10 walk in class or \$20 walk-in silks or bungee aerial classes
- \*Punches can be used for bring-a-friend pass
- \*Allows you access to use our On-Your-Own open mini gym room—opening soon, ask for details
- \*Completion of the \$50 10-punch cards will earn their choice of one bonus class, a \$5 gift card from our Basket, OR a half price discount on the purchase of a second punch card—perfect if you fill your card early in the month and want to continue enjoying classes or mini gym room use at a savings!

**So what do you get for each punch? Here is a list of the many ways you may use your punches:**

- \*Any regularly scheduled Yoga, Group Fitness class = 1 punch
- \*Any aerial Bungee Fitness or Silk Hammock class = 2 punches
- \*Any special events that charge an extra fee to attend such as dance class/workshop or events, Zumba events, Parents Night Out, or specialty Yoga class/events, etc. = 2 punches
- \*Purchase of one Pura Vida BINGO card (see description below or on our website) = 1 punch
- \*Bring a Friend – 1 punch
- \*A 30 minute Nutrition Consulting session to help you assess your eating strengths and weaknesses and how to build on that information to help you reach your goals = 1 punch
- \*\$5 toward the purchase of any Pura Vida merchandise = 1 punch
- \*Filling up your 10 punch card = ½ price on the purchase of a second card

**Three rules apply:**

1. You MUST have your card each time you enter the studio to have punched per each class. You may, if you wish, leave it at the studio to be kept on file for you.
2. No one can use their card without prior arrangement made with owner and the original buyer
3. Punch cards expire at the end of each month and any unused punches can be used toward the purchase of merchandise if you wish. No refunds on unused punches.

## **Pura Vida Monthly Draft Option**

**\$45/month**

**Advantages:** Clients who enjoy coming to 3 or more times per week may choose to purchase the monthly membership draft option to be able to enjoy unlimited regular fitness, yoga, or Zumba classes, half price for each aerial silks or bungee class for \$10, one extra Bring-a-Friend Pass each month, plus \$5 off of their choice of merchandise or the purchase of a Bingo card (see details below or on our webpage).

## **Pura Vida VIP Membership Option**

**Advantages:** This is the best bang for your buck! VIP memberships are for those who know they're in it to win it and are committed to the Pura Vida journey toward their Mind~Body~Spirit health journey. The three VIP membership options include all benefits of the Pura Vida Monthly Draft Option above plus the following bonuses according to the quarterly, 6-month, and 1-year prepay option chosen:

Quarterly VIP prepay membership:	Three months for \$130 prepay \$5 savings off the cost of basic monthly draft PLUS One extra Bring-a-friend pass An extra BINGO card
6-Month VIP prepay membership:	Six months for \$260 prepay \$10 savings off the cost of basic monthly draft PLUS Two extra Bring-a-friend passes Two extra BINGO cards
1-Year VIP prepay membership:	1 Year for \$500 prepay \$40 savings off the cost of basic monthly draft PLUS Four extra Bring-a-friend passes Four extra BINGO cards

## **Pura Vida BINGO Cards \$5 Each**

Pura Vida BINGO Cards are optional purchases that each of our clients who have purchased a Punch Card or Membership Option can take part in. Each month we will have a drawing for gift basket from our completed BINGO card basket. We have a list of healthy choices, fitness goals, etc., and each time you document that you have completed one of the items on the healthy journey list, you get a punch in one of your 8 BINGO squares. When you have filled your card, it will be placed in the BINGO basket and a winner will be chosen LIVE on the first day of the next month. A fun and productive way to help you reach your fitness and wellness goals. Being your best self is a combined effort of more than just a class here and there and this is one way to form better life habits in a fun and productive way.

## Pura Vida Member or Punch Card Personal Client Information

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ City/St/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Please list at least one person whom we may call in the event of an emergency, illness, or accident:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name and number of primary physician and hospital preference in the event of an emergency or accident:

Please list any medical conditions or contraindications below that you believe we need to know and that will assist us as your fitness and wellness instructors:

By signing below, I agree that I have received, read, and understand membership rules and expectations of all Pura Vida members, staff, owners, and guests. I also understand and agree to adhere to the rules and policies of the Pura Vida Punch Card Program as outlined below. By signing, I also that I have been forthcoming and truthful about any and all medical conditions and contraindications and that I agree to hold all persons and entities associated with Pura Vida Fitness, LLC or Pura Vida Preschool of the Arts, LLC, or any DBA's operating under these LLC's blameless for any harm as outlined in the waiver, including damage or loss of any personal property.

By signing below, I attest that am fully able to participate in an exercise regimen of my choosing without undue risk. I have informed and release the staff and owners of Pura Vida Fitness, LLC of any pre-existing condition or any condition that arises during my participation and presence at Pura Vida Fitness, LLC. I waive the right and recommendation to receive clearance from my health care provider for my participation in any classes or events offered and taught at Pura Vida Fitness, LLC. I also understand that Pura Vida Fitness, LLC and its employees have the right to decide when/if a participant must leave a class or event, be removed from the premises, and/or have their membership or punch card terminated.

If purchasing a Pura Vida Punch Card on a monthly draft basis or a monthly draft membership, please enter your card information and signature below:

Name on card: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Card Number: \_\_\_\_\_

Type of Card: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ CVC Code: \_\_\_\_\_

I agree to the recurring monthly charge of \_\_\_\_\_ to my card for my Pura Vida Membership and understand that I may cancel at any time without being a charged a cancellation fee through signature in the studio at the time of cancellation. I understand that if I choose to cancel my membership after the 1<sup>st</sup> of the month that I will not receive a refund for that month and that the recurring membership charges will seize on the following month.

Signature of authorized cardholder/user: \_\_\_\_\_

# Pura Vida Fitness Rules & Expectations

\*We at Pura Vida strive to maintain a judgment-free safe zone for everyone. All are welcome here, we expect all members to maintain and show respect and courtesy for all staff, members, and guests. Anyone who is in violation of this policy will be asked to leave and, if necessary, will have their membership terminated without refund at the discretion of the owner.

\*Members must be at least 16 years old to attend classes on their own. Any members below this age must be accompanied by a guardian.

\*Members under the age of 18 must have a parent signature on the waiver for participation in all Pura Vida activities.

\*Report any damaged or malfunctioning equipment to a staff member or owner immediately.

\*Do not misuse or abuse equipment.

\*Return all weights and equipment to their proper place after use.

\*If available, please wipe down all mats and equipment after use.

\*Proper footwear and workout attire are required for the specific class attended. Dress comfortably as is fitting the class in which you are participating but a reasonable amount of modesty and class is appreciated.

\*Jewelry that can snag our aerial equipment—our silk hammocks and bungees—must be removed.

\*We ask that you try to arrive on time for your Yoga class, but we do understand that sometimes this may not be possible, and we certainly want you to be safe trying to get to class on time. For this reason, you are still welcome to come to class but we ask that you be considerate of others and the mood of the class by finding a place for your mat with as little disturbance as possible.

\*No food or drink other than water or sports drinks such as Gatorade, etc., is allowed in the workout areas.

\*Alcohol, tobacco products, and illegal drugs (including anabolic steroids) are prohibited on the premises. Exceptions to this rule are at the sole discretion and subject to approval of the owner or general manager.

\*Help us keep each other healthy. If you are ill or suffering from any condition that can be spread to others in the building, we ask that you stay home and rest and return when you are well, just as you would like us to do for you.

## Welcome to the Pura Vida Family!